



2026 Retreat Season

ehouseofprayer.org/events/retreats/



From beginner-friendly Come Away Weekends to Rhythms of Retreat, our 4-day intensive, we're excited to give you a look at the retreats coming up in 2026.

Wholeness & Wellness Day

– Stephanie Hart, Tara Darnall & Christine Luna Munger

February 25

Come away for a day of wholeness and wellness at the House of Prayer! In the spirit of R&R (rest and relaxation) days, EHoP invites you into holistic wellness by tending to your body and your spirit.

Come Away Weekend: Winter

– Jim & Kathy Wiant

February 27-March 1

A Come Away Weekend is both an ideal introduction to contemplative retreat as well as an opportunity for those already on the contemplative path to come alone, or with a friend, and be in quiet retreat with others gathering around the spiritual invitation.

Lenten Psalms Retreat

– Hosted by the EHoP Community

March 28

Chanting the Psalms exposes us to the entire sweep of human hopes, frailties, and passions that are represented in the psalms, which makes it such a meaningful Lenten practice.

Come Away Weekend: Spring

– Christine Luna Munger

May 15-17

A Come Away Weekend is both an ideal introduction to contemplative retreat as well as an opportunity for those already on the contemplative path to come alone, or with a friend, and be in quiet retreat with others gathering around the spiritual invitation.

Listening to Spirit, Self and Others

– Elizabeth (Beth) Liebert, SNJM

July 10-13

Participants will experiment with several different entry-points for approaching an issue or decision currently facing them in their own lives.

Four-day Silent Retreat: Rhythms of Retreat

– Christine Luna Munger

July 19-23

Take a rest from the chaos, frenzy, and overstimulation of modern life. Remember life-giving rhythms. Seek healing and wholeness. Learn from wisdom teachers.

Exploring the Magic and Medicine of the Psalms

– Rabbi Shefa Gold

July 28-August 2

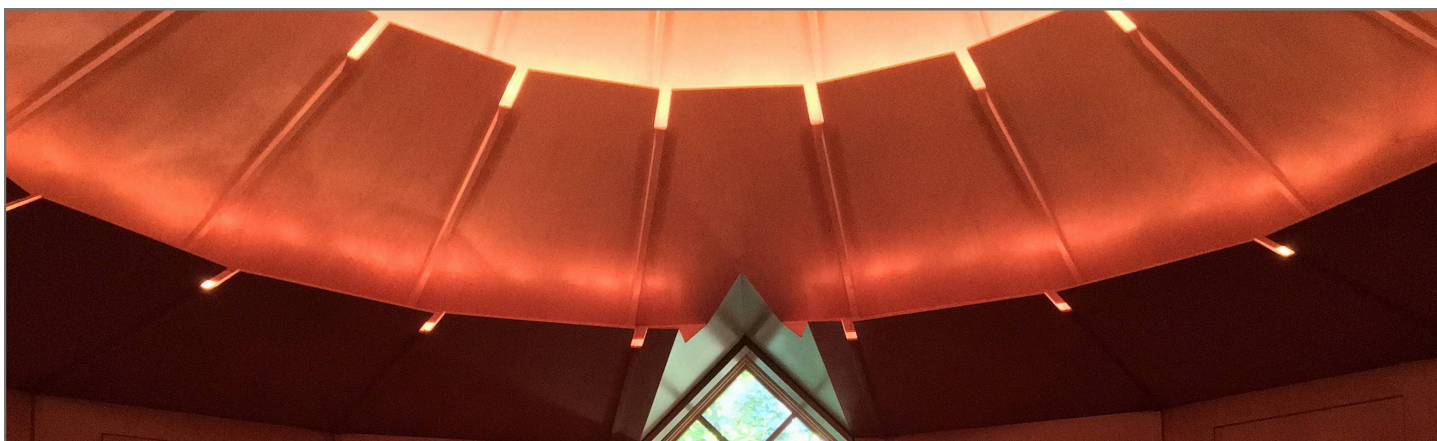
On this retreat of deep inquiry and profound celebration, we will journey through eight themes that represent the means by which we meet challenges on the path of Love: Gratefulness, Praise, Lament, Supplication, Exaltation, Revelation, Comfort, and Encouragement.

Boundary Waters Canoe Area Wilderness Retreat

– Mary Ellen Ashcroft

August 16-21

On this retreat, we'll be silent, respond to questions, paddle to see what nature has to show us. This Boundary Waters Retreat will be guided by Mary Ellen Ashcroft, a retired Episcopal priest, author, and wilderness guide.



Echoes in the Desert, Embrace in the Forest: Nature and Contemplative Spiritual Practice

– Stephen Hatch

August 28-30

In this retreat, we'll study the ways in which Christian mystics have always used landscape and seascape images to describe the Divine Source, the human soul, and the spiritual practices they've developed.

The Release: How Writing in an Economy of Gifts Liberates Writers

– Elizabeth Jarrett Andrew

September 11-13

This retreat reframes the writing process as a gift exchange, helping writers lift our heads out of the product-oriented sandbox to find a freer, Spirit-led way to play.

Weekly Gatherings

We invite seekers to pray, learn, and find community weekly online, at the House of Prayer and in the Twin Cities.

Details can be found at:

[ehouseofprayer.org/
events/sits/](http://ehouseofprayer.org/events/sits/)



Celebrating 40 years of prayer.

Awake in the Woods

– Jim Wiant & Christine Luna Munger

September 25-27

A contemplative introduction to shinrin-yoku, sometimes translated as “forest bathing,” including practicing being outdoors in open and alert attention to our interconnectedness with great trees and their biomes.

Wholeness and Wellness Day

– Stephanie Hart, Tara Darnall & Christine Luna Munger

September 30

Come away for a day of wholeness and wellness at the House of Prayer! In the spirit of R&R (rest and relaxation) days, EHoP invites you into holistic wellness by tending to your body and your spirit.

Come Away Weekend: Fall

– Jim & Kathy Wiant

October 30 – November 1

A Come Away Weekend is both an ideal introduction to contemplative retreat as well as an opportunity for those already on the contemplative path to come alone, or with a friend, and be in quiet retreat with others gathering around the spiritual invitation.

Advent at EHoP

– Hosted by the EHoP Community

December 5

The day will last from 9:00AM to 2:00PM, and you're welcome to join us for the whole day or just part of it. At the beginning of each hour, there will be a short reading and chant; for the rest of the day, we'll sit together in silent contemplation.

We Are Each Other's Light

– Sara Thomsen & Paula Pederson

December 11-13

Come for a retreat of singing together in community and reflecting on what lifts and lights ourselves and each other.